



## OVERVIEW

In collaboration with the City of Prescott Recreation Service, University of Arizona Cooperative Extension SNAP Education, Yavapai County Community Health Services, and the Community Nature Center all families receive supportive opportunities to engage in nature through healthy outdoor recreation, exploration, and play.



## OBJECTIVES

- More children and families outdoors!
- Develop familiarity with local trails
- Increase physical and emotional well-being
- Improve healthy food choices
- Engage in developmentally appropriate outdoor play
- Develop healthy lifestyle behaviors
- Strengthen community relationships
- Grow appreciation for our outdoor spaces

## RATIONALE

Getting outside fosters a happy and healthy lifestyle and allows everyone to access the physical, mental, and emotional benefits of the great outdoors. Nature Niños Prescott aims to provide safe and accessible pathways to connect every family with their natural environment. Our comprehensive trail resources and educational events build equitable access to a world of adventure right in our community's backyard.

